

# Cross-National Research Collaboration

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@EU\_FoodSMART

@VegPlus\_Project



### Project FoodSMART



- www.foodsmartproject.net
- @EU\_FoodSMART



- Eating out is growing across Europe (Orfanos et al. 2017)
- In the UK represents 1 in 6 of all meals consumed (Benelam 2009)
- Meals served out of the home tend to be higher in calories, fat, saturated fat and served in larger portions (Bohm and Quartuccio 2008)
- Link between increase in eating out and obesity and other non-communicable diseases such as Diabetes type 2.



#### Project FoodSMART



- Cost of treating ill health caused by obesity globally £920bn every year from 2025
  - 28,231,516,851,200,004 Vietnamese Dong
- In the UK 34% obese in 2025, up from 27% in 2014
- Non-communicable diseases are the biggest killers in the modern world
- World Obesity Federation (2017)
- App based solution



### Project FoodSMART Partners











École de Management Hôtellerie Restauration & Arts Culmaires CENTRE DE RECHERCHE



## Cross National Collaboration



- Partners unique contributions
- Cross culturally relevant findings
- Wider impact

Personal growth – broadened perspectives

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### Project Team







#### Project Veg+



- www.vegplus.info
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- Addressing Food and Nutrition Security, challenges of poor diet and sustainability in Brazil
- Building capacity in short food supply chains and foodservice systems.



#### Partner















## Cross National Collaboration



- Partners unique contributions
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- Wider impact

Global Experience triggers cross border learnings

Personal growth – broadened perspectives



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#### Veg+

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#### **FoodSMART**

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